

# SCHOOL WIDE CLASS DOJO

## COUNSELOR'S CORNER SEPTEMBER 2017

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Class Dojo will be implemented school wide this year. Class Dojo is a classroom management tool to promote positive behavior in the classroom while connecting with parents at the same time. Parents are able to see in real time how their child is doing throughout the day. This tool allows us to build a community between parents, teachers, and students.



## ClassDojo

There are many features available through Class Dojo that will be utilized throughout the year. Be sure to sign up for Class Dojo to stay connected with what is happening not only in your child's classroom, but all of Lincoln.

## RESPECT

- Self
- Others
- Property

## RESPONSIBILITY

- To learn
- To grow
- To try your best

## READINESS

- Be on time
- Be prepared

## ZONES OF REGULATION

The ZONES of Regulation®

<b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Mean Terrified Yelling/Hitting Out of Control

Students at Lincoln will continue to use the Zones of Regulation as a tool for optimal learning. Everyone has emotions and it's ok to experience all of the emotions. This year a focus will be on identifying what moves us from zone to zone and how it can be managed for success in our school day.

## SKILLS FOR SUCCESS

As part of the comprehensive school counseling program, all students are provided services through classroom lessons. Additionally, students may need more practice with the skills being taught during classroom lessons and will be provided additional instruction through small group interventions. These interventions will focus on the skills needed for success in the classroom and success in social settings. Please feel free to contact me if you have questions!